

View *Tree Roots* by Van Gogh and be struck by the idea of what you make before you die.

2. Go to Dungeness and record yourself crying.



CHARIS POON ON HOW TO MAKE "WHAT WAS MADE BEFORE AFTER LIFE"



4. Start making A5 booklets cataloguing last artworks of famous artists.



5.



Record yourself crying in front of the Thames river. Write a rewritten version of *Hero and Leander* by Christopher Marlowe. Set that audio recording to this video

9. Recall seeing a book from the Artist Self Publisher Fair that you attended earlier at the ICA London. The book by David Berridge is a remixing of books in a bookshop at the convergence of writing and art practice.

7.



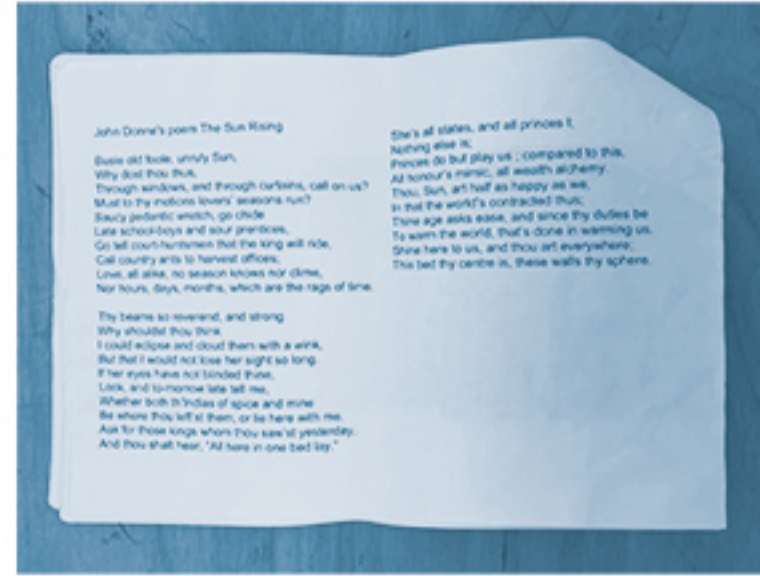
Edit together the Dungeness video and the Thames video. Merge audio recordings of musings on *Blue* by Derek Jarman and a recitation of a rewritten *Hero and Leander*.



6. Keep making A5 booklets according to new parameters trusting that it will turn into something.



3.



Recite the poem *The Sun Rising* by John Donne repeatedly while walking from Derek Jarman's house to The Pilot Inn in Dungeness.

11.

Write instructions for getting to this point.

Instructions for being me

Become fascinated with a singular thing.

For example:
I am fascinated with *Tree Roots* by Vincent Van Gogh.

Ask yourself: what fascinates you about this singular thing?

For example:
Tree Roots fascinates me because it was the last piece he made before he died.

Having determined a singular point of fascination, find other things that possess that quality.

For example:
I looked for what was considered the last artwork created by other artists (painters, sculptors, writers, poets, musicians, playwrights, film directors) before they passed into the after life.

Assemble the things together.

For example:
I created volumes of short books.

Arrange according to as many parameters as possible.

For example:
I made each volume according to different rules.

Combine in as many permutations as remain interesting.

For example:
I bring in external material and other data sets to mix with the original collection.

Dive deep into the extremity of the emotion that the quality evokes in you.

For example:
I cry on camera because meditation on death is sad, but I pair that with audio recreations of artwork because the continuation of art is hopeful.

Be adding to the assembled material.

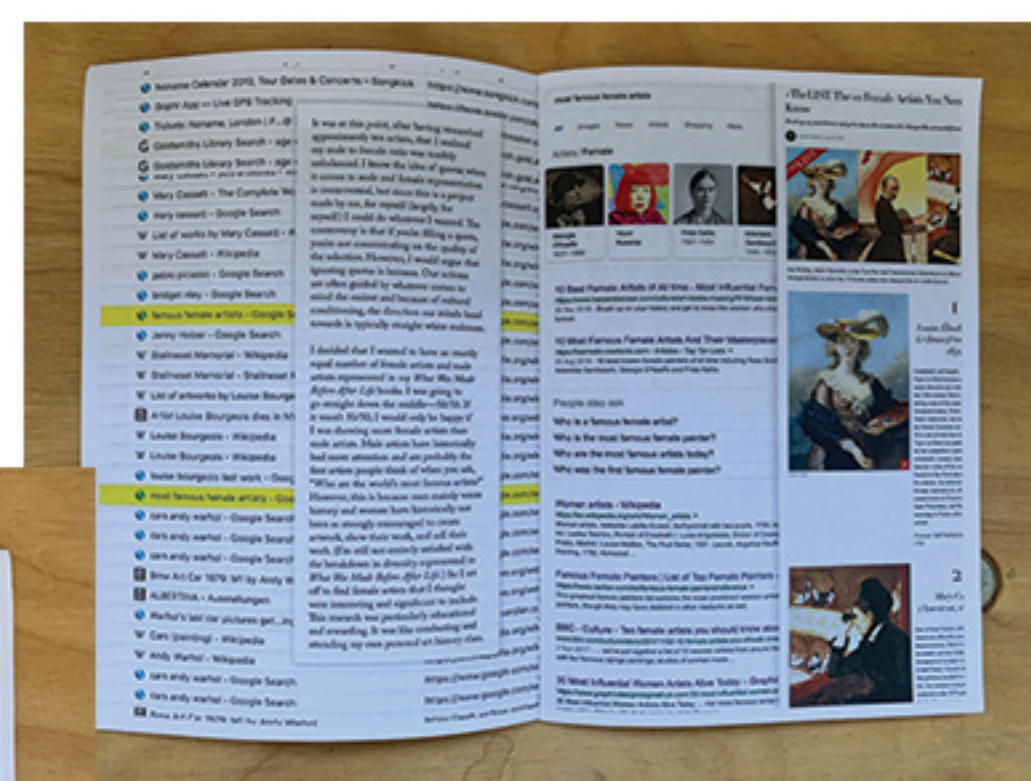
For example:
I am still looking for more possibilities.

Be collection with others.

For example:
You are reading this.

8.

Write a screenplay for the 7 minute video that includes directions for setting up shots, voiceover, and subject thoughts.



10.

Make more and more A5 booklets remixing the same initial set of information.

14.



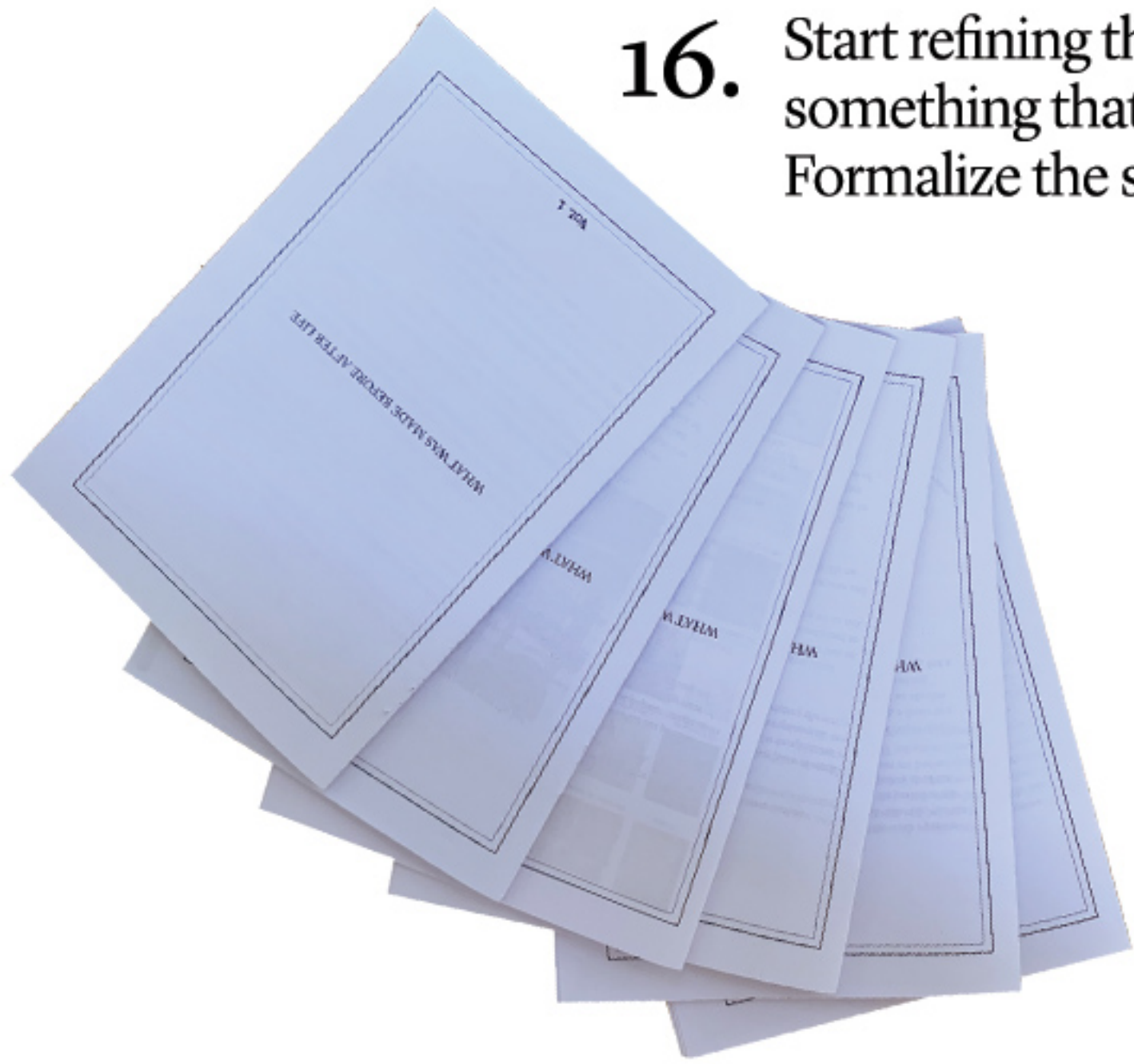
Attempt to engage the public and find participants by writing cards asking for submissions of stories about what was made before after life.

21.

Talk repeatedly about your project to anyone who will listen and feel hesitant as to whether this makes any sense. Question the why of your work.

16.

Start refining the A5 booklets into something that shares a visual language. Formalize the structure of the books.

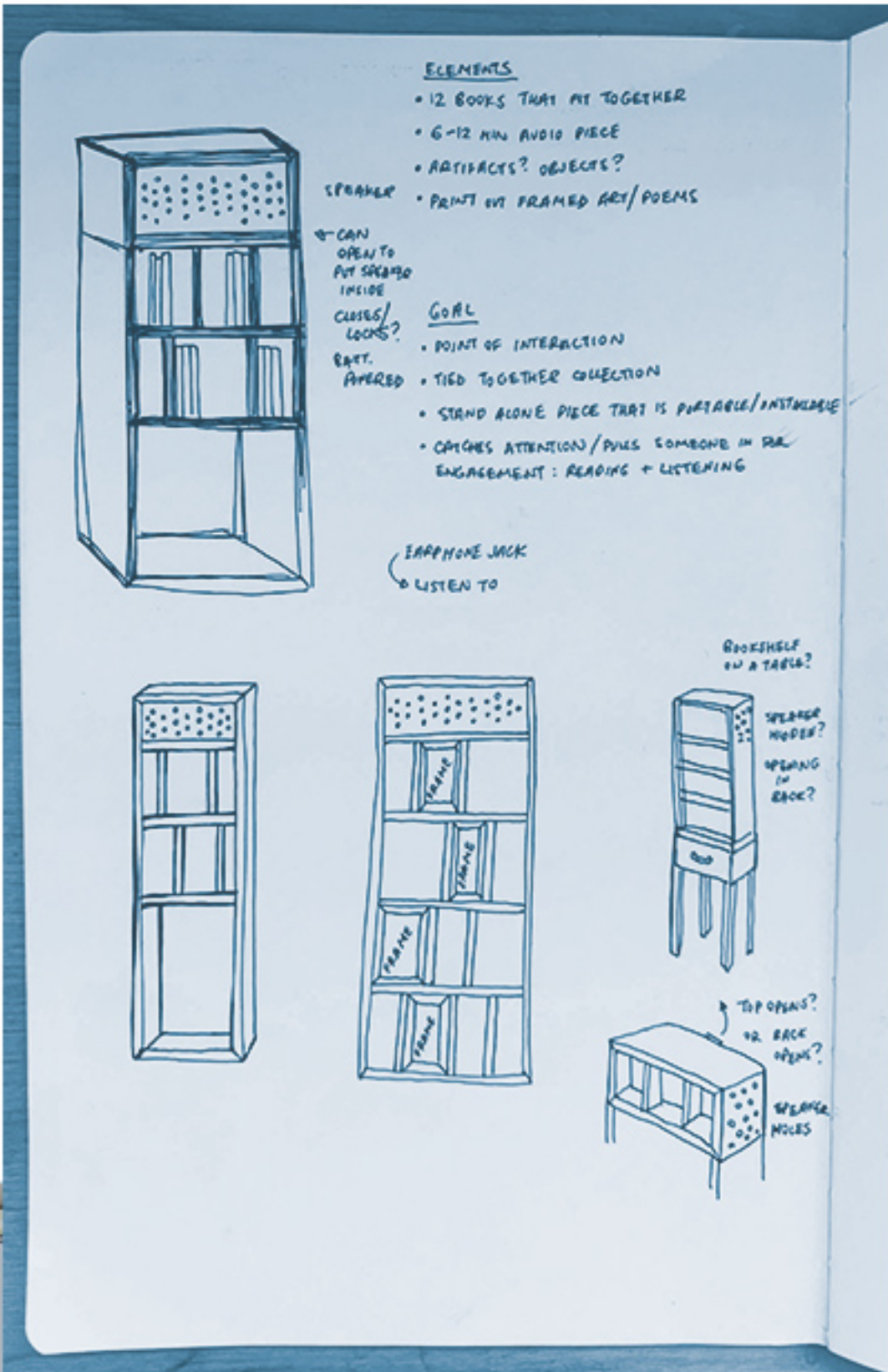


23.

Keep making books.



Start creating remixed poetry from your notebooks. Take photos of your notes and then chop iup the text to create new meaning.



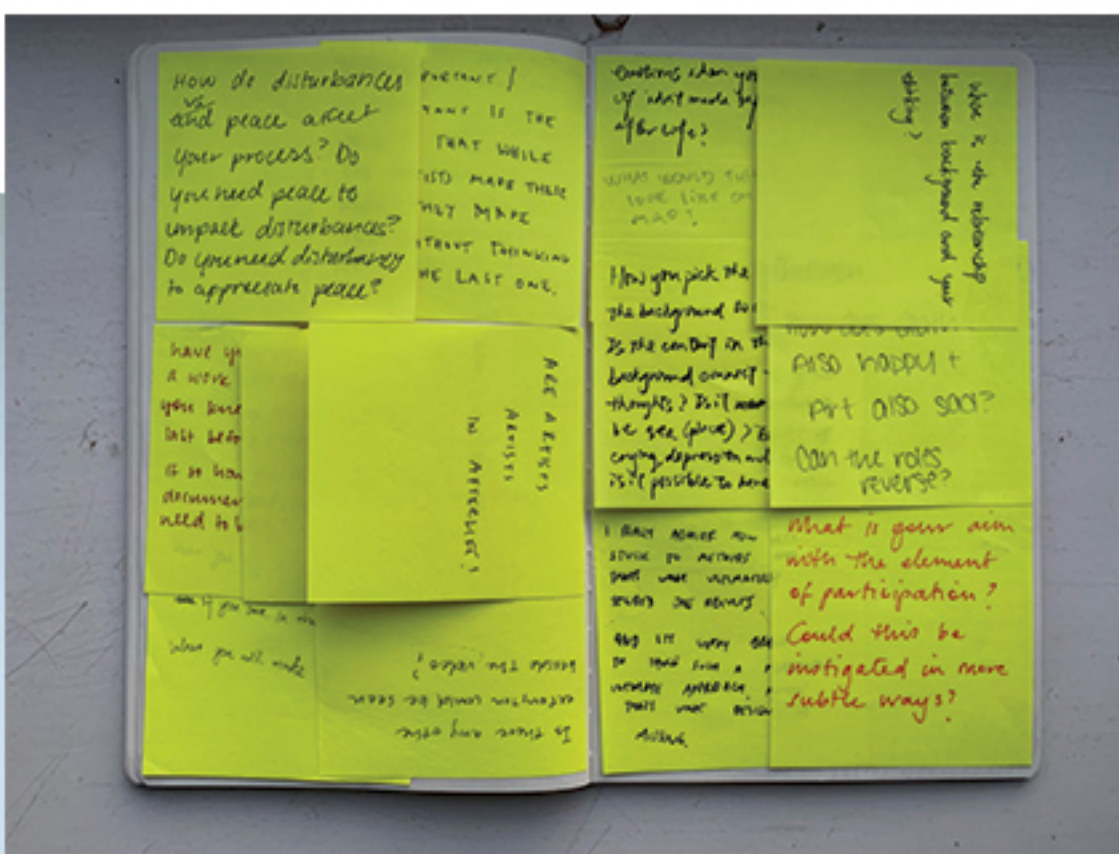
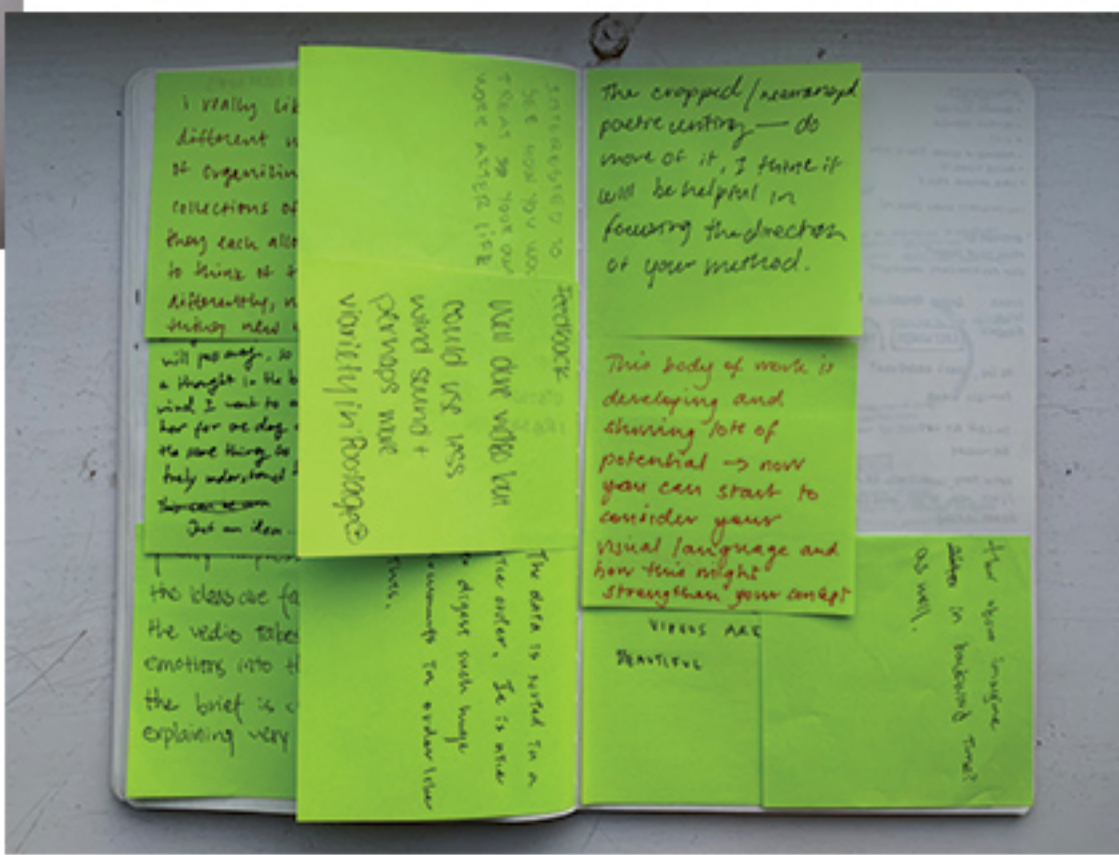
13.



Listen to a very sad podcast and record yourself crying. Embrace the pathos. Immerse yourself in that feeling. Capture real tears.

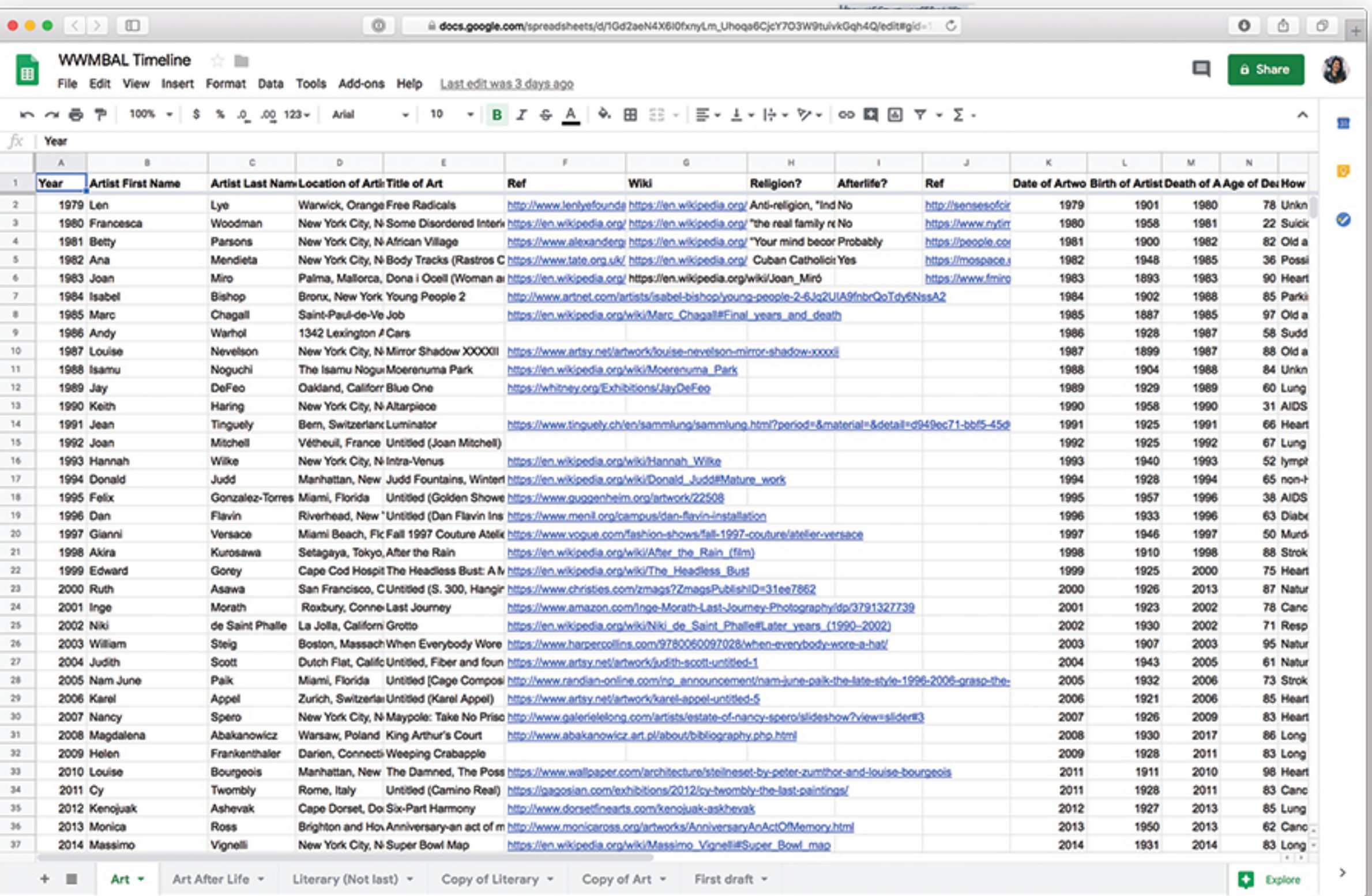
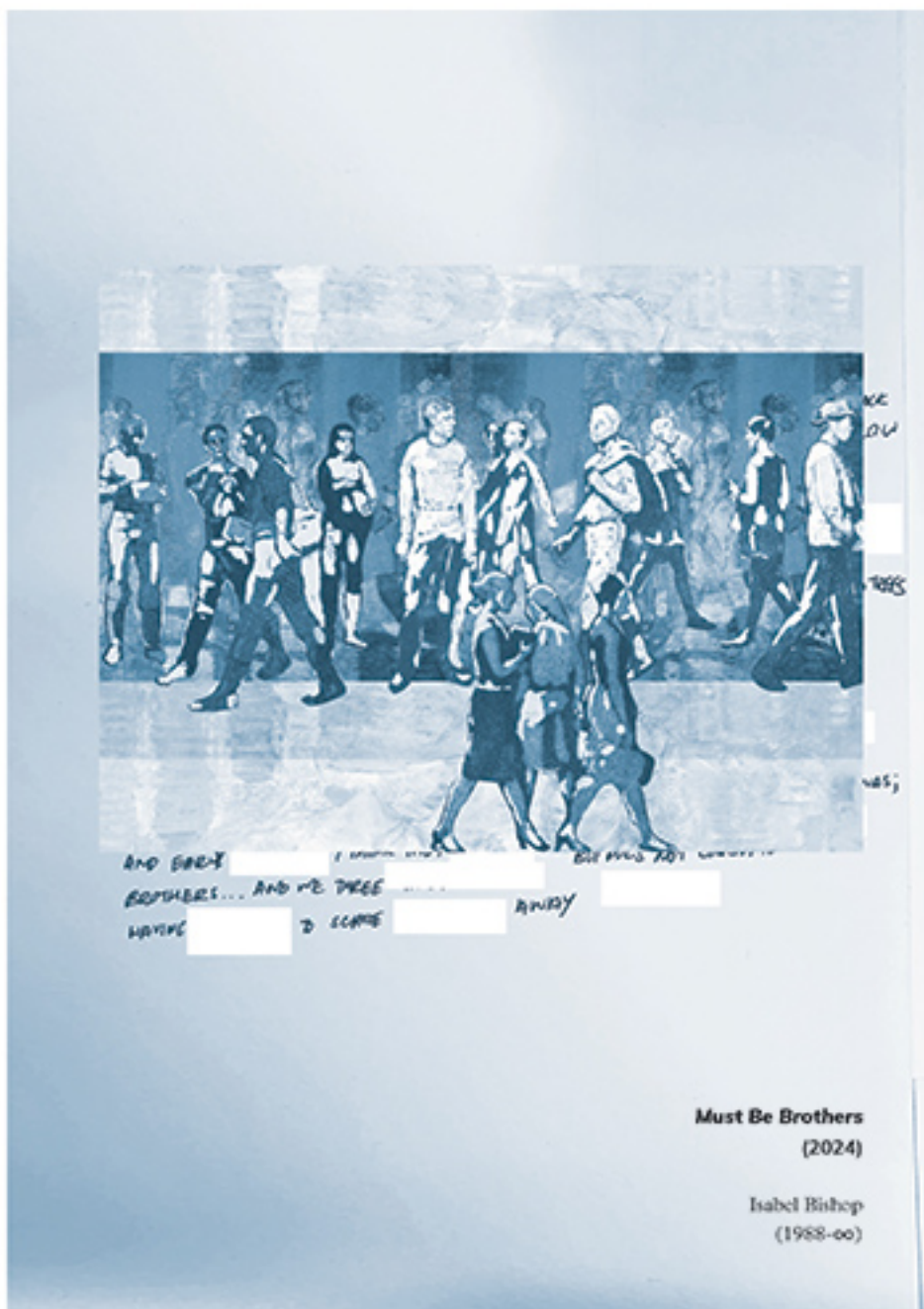
18.

Start thinking about making a bookshelf to house the books.

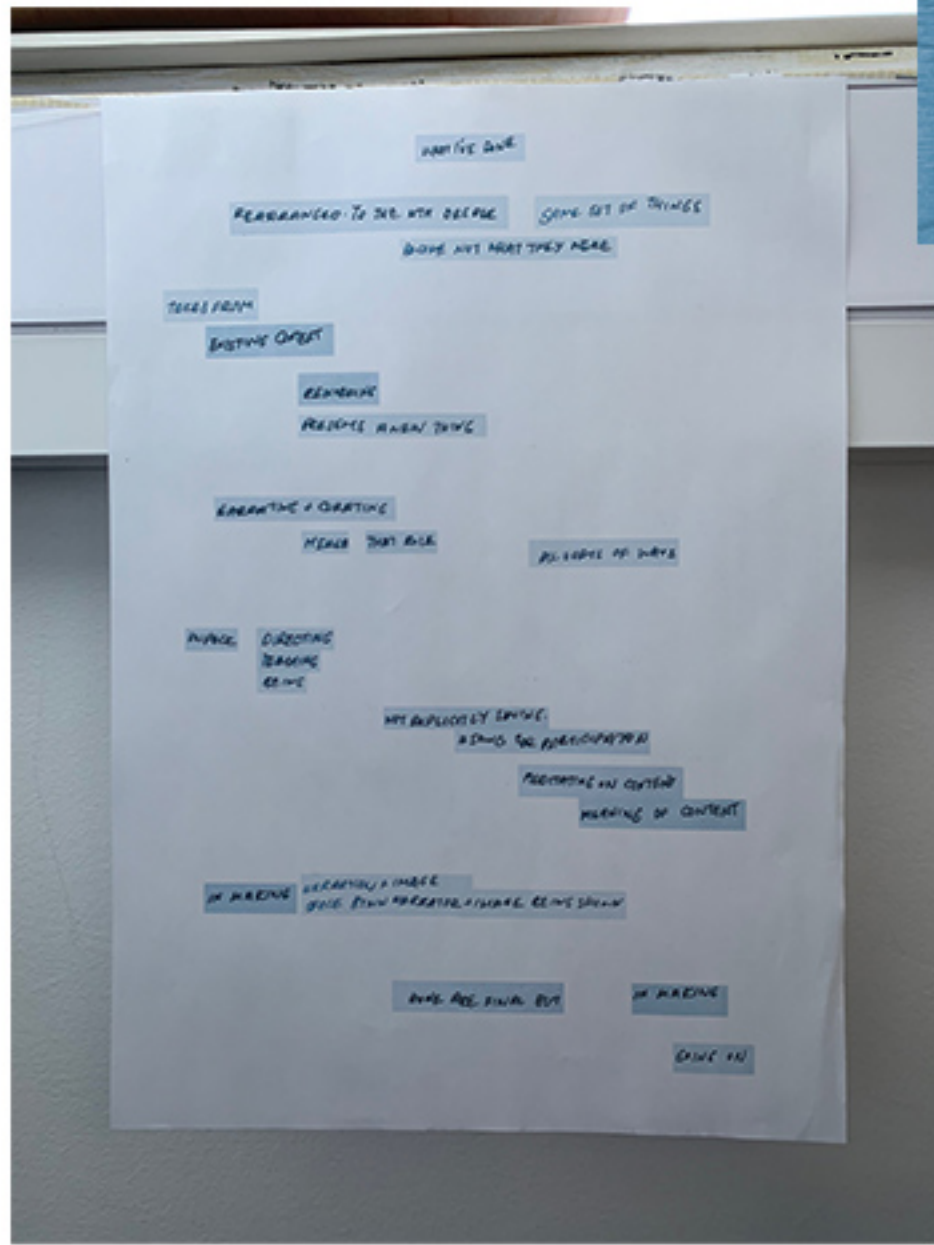


25.

Remix art. Remix poetry. Pair them together. Remix art by collaging existing artwork by artists in Photoshop. Remix poetry by chopping it up according to some kind of grammatical sense and a heavy dose of intuition.

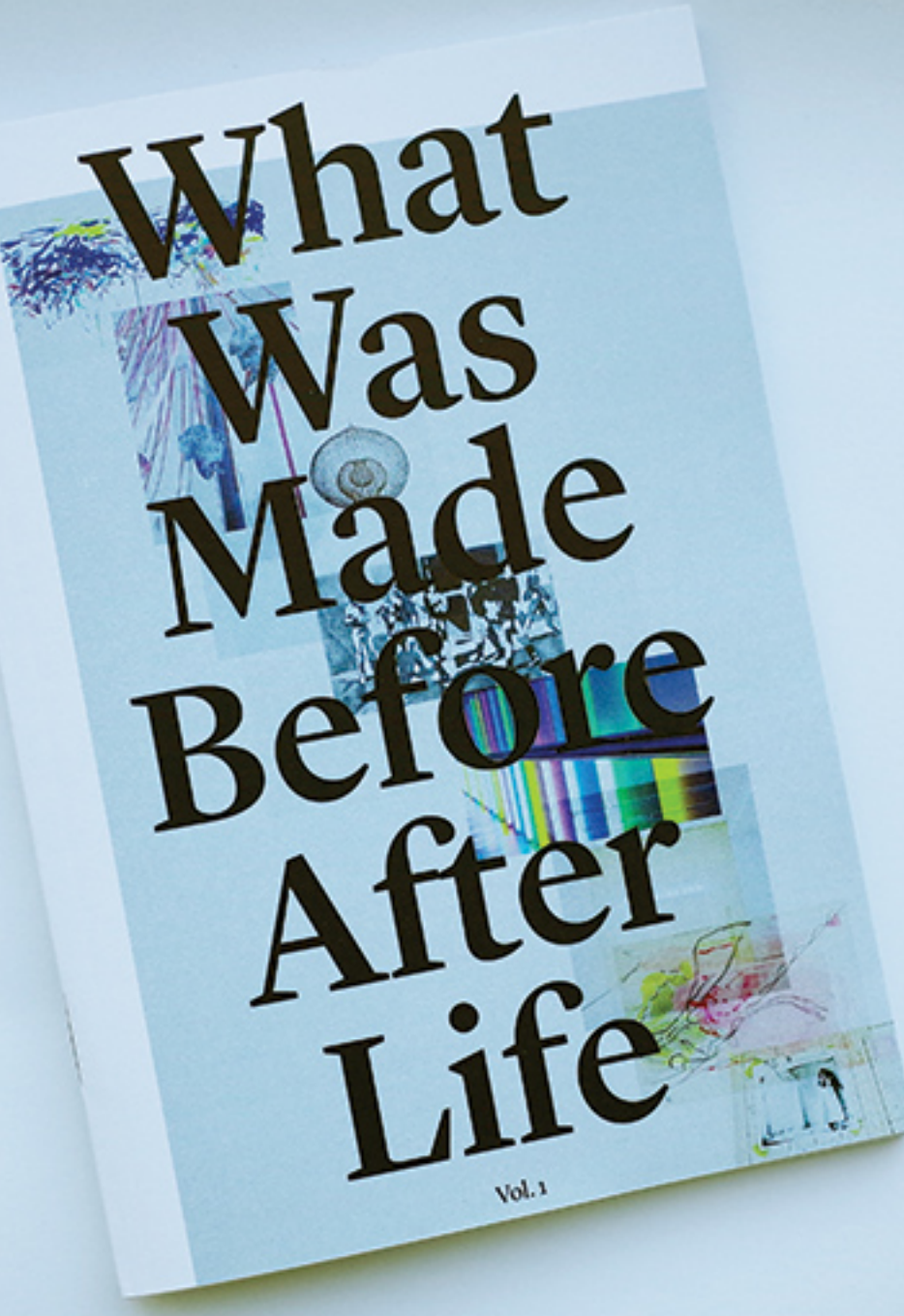


12.



19.

Keep making books



15.

Get feedback on progress so far in the form of post-it notes written without you being able to explain anything.

22.

In making the books, you are engaging in deep research. Decide to limit the books in time. Decide to make books surrounding last artworks made from 1979-2018. Decide to make a set of 12 and a complementary set of 12. Do copious research. Make an intense spreadsheet. Fill the spreadsheets with information. Attempt to make your research as accurate as possible.

17.

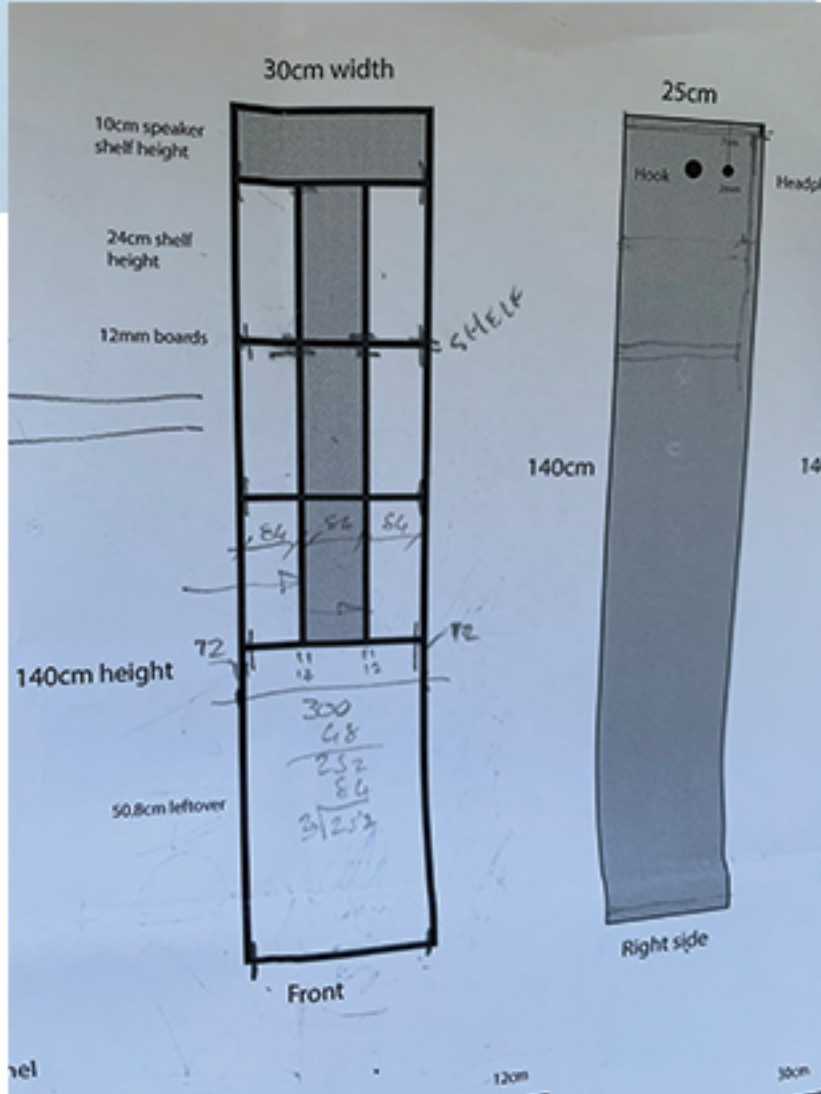
Abandon the video and leave it to become something else separate from the other things you're doing.



Continue bookshelf construction and develop a nice relationship with the workshop person helping you.

Write up a statement of your concept and an explanation of your process.

20.



Get help with making a bookshelf.

24.

26.

Scale your ambitions
according to your timeframe.

30.



Record an audio piece that is roughly the audio book version of Set 1 Volume 4 which matches artworks with poetry. Put this on an mp3 player. Put the mp3 player in the hidden upper cubby of the bookshelf.

Delivered 19 Mar 2019
Your parcel was collected from Amazon Locker



Victure Bluetooth MP3 Player 8GB Clip Sport Portable Lossless Sound Hi-Fi Music Player
With Headphone FM Radio Voice Recorder, Support up 64GB
Sold by: MING-EU
Eligible for return until 18 Apr 2019
£21.99

[Buy it again](#)

Delivered 20 Mar 2019
Your parcel was collected from Amazon Locker



JVC Foldable Lightweight Powerful Bass Over-Ear Headphones - Black
Sold by: FRIEDLICHEN
Eligible for return until 19 Apr 2019
£11.36

[Buy it again](#)

27.

Buy headphones and an mp3 player for the
audio piece you are planning.

28.



Finish the
bookshelf.



29.

Print your ten books.

What Was Made Before After Life

31.

Feel like you *did* make something
you're proud of. Go ahead and be proud
of yourself.

32.

Start planning for the
continuation of your work.